



Photos by Peter Hoek (top) and La Jolla Country Day School (bottom)

2021 COSTA RICA GLOBAL STUDIES WORKSHOP

SELVA VERDE LODGE & RAINFOREST RESERVE

June 25 - 29, 2021 | 5 Days from \$755*

This program is ideal for educators at the secondary school level, but is also suitable for middle and higher education instructors, administrators, and other education professionals.

For global studies teachers, administrators, and representatives, this unique professional development event brings together leaders from campuses and classrooms across the country to engage in field-based learning and discuss best practices in global studies programs.

This 5-day symposium is based at Selva Verde, Holbrook's 500-acre private rainforest reserve, eco-lodge, and teaching center. The event combines global exchange and field learning experience through local activities in the region. Daily peer exchange sessions will allow educators and administrators to share insights and ideas for maximizing the benefits of field experiences after returning to their campus and classrooms. To respond to our increasingly connected world, institutions must educate students for global citizenship and cultural literacy.

Holbrook has specialized in academic travel initiatives for over 45 years, fostering engaged learning experiences for leadership development, scientific inquiry, service learning, and authentic cultural exchange. This event is designed to encourage an open dialog and exemplify best practices in experiential education.

PARTICIPANTS WILL:

- Explore a variety of subjects including species conservation, tropical ecosystems, geological history, sustainable tourism, agricultural industries, and rural communities.
- Have time each day for reflection, collaboration with peers, and journaling assignments.
- Engage in hands-on learning sessions and exchange ideas for classroom applications.
- Build leadership skills that will help them coordinate successful international global expeditions in Costa Rica and beyond.
- Receive an introduction to the tropical rainforest at Selva Verde, Holbrook's eco-lodge and 500-acre private rainforest reserve.

WHAT'S INCLUDED?

- Expert naturalist guide
- Accommodations
- Activities
- Entrance fees
- In-country transportation
- Meals & beverages
- Carbon offset



Poison dart frog by John Earl Kneisler



ABOUT SELVA VERDE LODGE & RAINFOREST RESERVE

Selva Verde Lodge provides

an exceptional backdrop to explore topics of natural history or to use the surrounding environment as part of your international teaching strategies for global literacy. Selva Verde's private reserve is the ideal basecamp for educational field programs in ecology, conservation, community development, and culture.



Designed for student learning

An ideal control site for graduate, undergraduate, or advanced high school studies, the site is equipped with classrooms, dormitory accommodation, Wi-Fi, and a basic wet lab facility, offering an ideal backdrop for annual student studies in a variety of research applications.

Course curriculums

In partnership with the Sarapiquí Conservation Learning Center, an on-site educational non-profit organization, we can help you design a course to meet the academic needs of your group.

Tropical Science Research for Faculty

Long revered for research in the natural sciences, Selva Verde provides a solution for faculty-led long-term tropical science research without expenses from consortium or member fees, while accessing both primary and secondary forest with ease.

Ideal Location for Exploration

Selva Verde alone is home to 300 species of birds, 330 species of trees, 120 species of mammals, and countless other plant and insect species. It is also a part of the Mesoamerican Bio-Corridor, an international initiative to link forested land between Mexico and Panama to protect the abundant biodiversity of species and habitats in the region.

Commitment to Conservation

Enacting leading conservation practices since its inception in 1985, Selva Verde is committed to sustainable practices and habitat protection. It proudly carries the Certification for Sustainable Tourism for continued commitment to the local environment, wildlife, and community.

BREAKOUT SESSIONS

SUNDAY JUNE 27, 1:00 PM

Responsible Travel as a Keystone to Global Citizenship

The benefits of international travel experiences for participating students are well-known. But are the programs preparing our students to be global citizens to understand and respect local cultures? Are programs engaging responsibly beyond providing needed income to the communities visited? How do we create partnerships in the places we visit around mutual respect, two-way exchange, and lasting impact? This session will examine how to incorporate responsible travel into global studies programs with genuine and meaningful connections to the communities.

Facilitated by: Christopher Bensley, Director of Partnerships & Marketing, Holbrook Global Expeditions

SUNDAY JUNE 27, 1:45 PM

Integrating Global Studies in the Core of Academic Learning

Educational institutions have made global literacy a core component of their educational mission. Some schools have been at the forefront of integrating foreign students and international exchange for decades, while others are now making this a top priority. Learn how this private school has evolved in recent years and how they are engaging the student body actively in global programs, from overseas service and ecology trips, to home stays and host family dinners, to exchanges with schools. How do students prepare for their program? How do they build on the field experience post-trip? This school's case study will resonate with many educators who seek to make their programs have a lasting impact.

Speaker: TBD

MONDAY JUN 28, 1:00 PM

Mitigating Risk in International Travel

Over the last 45 years, Holbrook Travel has taken thousands of young people to developing nations around the work to take part in community engagement and adventurous activities. Ensuring safety and support for students and academic leaders has always been the highest priority. The challenge of global risk management for educational institutions has grown exponentially in the past few years as schools seek to expand travel offerings. This session will address best practice for risk management when choosing safe destinations, deciding on activities, and preparing leaders and students.

Speaker: David Bruck, Chief Financial Officer, Holbrook Global Expeditions and/or other speaker, TBD

MONDAY JUNE 28, 1:45 PM

How to Design Effective International Programs with Faculty Involvement

Designing and operating a successful student travel program can be a challenge with many activities that can seem disjointed. What's the best way to connect these disparate experiences? The critical thread is a theme that can be provided by the faculty leader. Working with faculty who have a deep-rooted interest in a specific field or expertise can tie the program together. But how much do faculty know about logistics and the destination challenges? Where do you draw the line when the logistics can get overwhelming? In this session we explore the benefits and challenges of designing programs with faculty input. We exchange best practices for creating a fabric for faculty leadership throughout program design and implementation.

Facilitated by: TBD

ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

JUNE 25 - SAN JOSÉ

Upon arrival at the airport, meet your driver and guide then transfer to the hotel. Welcome dinner this evening, followed by group introductions and an orientation to the program by your naturalist guide. To follow is a talk by a special guest speaker. Hotel check-in available at 3 pm. *Overnight at Wyndham Herradura. (D)*

JUNE 26 - CHILAMATE

After breakfast visit the Costa Rica Language Academy for insight into Spanish language learning and cultural immersion. Afterwards depart San José and journey to Selva Verde Lodge & Rainforest Reserve in the Caribbean lowlands of northeastern Costa Rica. On arrival have lunch then visit a nearby cacao plot of land and see a demonstration on the chocolate-making process. Take a peek into the day-to-day lives of local people at this family-run chocolate farm and listen to the story of pre- and post-colonial chocolate in Costa Rica while sampling chocolate that's been prepared using traditional methods on the spot. Return to the lodge, receive an introduction to the property and settle in. This evening after dinner, attend a lecture on the Mesoamerican Biological Corridor. *Overnight at Selva Verde Lodge & Rainforest Reserve. (BLD)*

JUNE 27 - CHILAMATE

Early this morning, there is an optional bird walk to view some of the 300-plus avian species to be found on the grounds of Selva Verde Lodge. After breakfast, experience the thrill of whitewater rafting. A professional river guide escorts all trips, and all necessary safety equipment (helmet, life jackets, etc.) will be provided. Following a thorough safety orientation and basic rafting lesson, enjoy the Class II and III rapids of the Sarapiquí River. Afterward, discuss the effects of the region's agriculture on this watershed, with lunch back at the lodge. Our workshop series begins in the conference area with two enriching 30 minute sessions and coffee breaks in between. This afternoon, receive an introduction to the Sarapiquí Conservation Learning Center (SCLC), connect with faculty of the local school during a charla. Dinner at the lodge. This evening you may choose to search for nocturnal creatures on a walk with your guide. *Overnight at Selva Verde Lodge & Rainforest Reserve. (BLD)*

JUNE 28 - CHILAMATE

Embark on another optional early morning walk. Return to the lodge for breakfast then hike in the primary forest reserve. The hike will focus on forest ecology, structure, function, as well as trail safety. During the hike, discuss how the surrounding environment can be used as a classroom. Afterwards have lunch at the lodge then return to the conference room for two additional sessions. To follow is time for reflection and independent exploration with time afterwards to reconvene with the group, share your insights and observations. This evening celebrate with a cocktail party and farewell dinner at La Terrazza restaurant. *Overnight at Selva Verde Lodge & Rainforest Reserve. (BLD)*

JUNE 29 - FAREWELL!

Have a final early morning breakfast, then return to San José International Airport for your flight home. Hotel check-out by noon. (B)



Classroom sessions at Selva Verde Lodge (top) and the SCLC (bottom)

PROGRAM PRICING

\$755 per person, double

Price includes accommodations, activities, meals as indicated, non-alcoholic beverages with meals, private in-country transportation, bottled water on the bus, full-time guide, and carbon offset.

*Does not include international airfare, gratuities, alcoholic beverages, or items of a personal nature. Holbrook can assist with your flight arrangements if desired.

TRAVEL PROTECTION

Holbrook Travel purchases Travel Protection on behalf of all participants. These plans help provide coverage once the trip has departed and offer benefits for Baggage/Personal Effects, Accident & Sickness Medical Expenses, Emergency Evacuation and more. Refer to the Plan Document for more details.

Optional additional coverage is available in the form of the Group Deluxe Plan, which offers benefits for Trip Cancellation/Interruption, in addition to many other insurance benefits and non-insurance assistance services.

THE FINE PRINT

Price is based on double occupancy; for a single room throughout the trip add \$195 per person. A \$200 per person deposit and enrollment form are required to hold your space on the trip. This deposit is refundable minus a \$100 cancellation fee until March 22, 2021, at which time final non-refundable payment is due.

FOR MORE INFORMATION OR TO ENROLL:

Contact Lisa Palmese-Graubard at lisa@holbrooktravel.com or 800-451-7111 x339 | Visit holbrook.travellglobalstudies-cr21



Arenal Volcano by Christophe Meneboeuf

Optional Post-trip Extension: Arenal Volcano & La Fortuna June 29 - July 1, 2021

Continue your Costa Rica learning adventure with an optional 3-day, post-trip extension to explore Arenal Volcano National Park and surrounding areas. Examine topics of biology, geology, sustainable energy, and more.

ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

JUNE 29 - ARENAL

Depart Selva Verde and head to Arenal. En route visit to the picturesque town of La Fortuna, situated in the shadow of Arenal Volcano. Enjoy lunch here and then continue on to the hotel. Check in, enjoy the amenities then have dinner. Relax in the hot springs at your hotel this evening. *Overnight at Arenal Paraíso. (LD)*

JUNE 30 - ARENAL

This morning take a guided hike in Arenal Volcano National Park. During the hike observe the area surrounding the base of the volcano, which includes old lava flows and volcanic boulders. As you explore, your guide will explain the geology of the volcano as well as local flora and fauna. After lunch, head to the Arenal Hanging Bridges and get a firsthand look at the different layers of the rainforest from the ground level to the canopy layer. On the way back to the hotel stop at Lake Arenal, observe the hydroelectric dam and learn about how it works. In 1970, the lake was enlarged to 33 sq. miles (three times its original size). Today the dam produces about 12% of Costa Rica's total electricity. *Overnight at Arenal Paraíso. (BLD)*

JULY 1 - DEPART

This morning depart from Arenal and head to San José for your flight home. There will be one group departure, please book flights after 3 pm. *(B)*

EXTENSION PRICING

\$455 per person

Cost includes accommodations, meals, entrance fees, activities listed in itinerary, private vehicle transportation unless otherwise noted in itinerary, non-alcoholic beverages with meals, full-time guide for duration of program and carbon offset.

Cost does not include items of a personal nature, gratuities, or international airfare.

THE FINE PRINT

Cost is based on double occupancy; for a single room add \$100 per person. A \$200 per person deposit and enrollment form are required to reserve your space on the trip. This deposit is refundable excluding a \$100 cancellation fee until March 26, 2021, at which time non-refundable final payment is due.

FOR MORE INFORMATION

Visit holbrook.travell/globalstudies-ext21 or contact Lisa Palmese-Graubard at lisa@holbrooktravel.com or 800-451-7111 x339.



Hiking in Arenal National Park by Joanna Livingstone